

CIBC World Markets Inc. 333 Bay Street. 28th Floor. Toronto, ON M5H 2R2

Tel: 416-594-7971 Fax: 416-594-7951 Toll Free: 1-800-263-3803

Covid-19: The Applegath Group's Charitable Support

We are living through unprecedented times due to the Covid-19. The economic impact of shutting down the economy has affected hundreds of thousands. Many are struggling as they have either lost their job or cannot open their businesses. Paying rent or putting food on the table has become a choice. The lack of certainty of the future and lack of control is also weighing on many people resulting in anxiety and stress.

The Applegath Group wants to do their part.

On behalf of all our clients, The Applegath Group will be donating to the following organizations:

Food Banks Canada

https://www.foodbankscanada.ca/COVID-19.aspx

As many of you know, the food banks have seen a doubling of demand for their support from communities all over the country and the need to get food on the table for so many families has never been greater.

Global Medic

www.globalmedic.ca

Global Medic is responding to needs created by the COVID-19 pandemic by supporting local agencies like Daily Food Bank and hospitals by putting up tents for physical space and supporting people on the ground.

Furthermore, as a result of The Applegath Group's Miracle Day efforts, we are also able to support the following three organizations:

First Book

www.firstbook.org

COVID-19 has shuttered schools and left educators to implement at-home learning plans without the necessary resources. It has left kids in need without what may be the only access they have to the Internet or to books—making at-home learning close to impossible and leaving them at a significant disadvantage. However, for every child in need, there is an educator who is working, creating, and innovating to make sure their kids don't fall behind. First Book is doing everything we can to support the educators who are keeping kids in need engaged in a time of crisis.

• First Book is urgently working to get 1 million books, donated by our publishing partners, to kids in need, who don't have home libraries or Internet access for home learning.

CIBC PRIVATE WEALTH MANAGEMENT WOOD GUNDY

• First Book is managing a constantly updated clearinghouse of activities and resources for educators and parents to use at home.

• First Book is constantly in touch with their network of educators to assess what they need and respond as quickly as possible.

Jack.org

https://jack.org/Stories/Our-mental-health-during-COVID-19

COVID-19 has, and will continue to have, an unprecedented impact on youth mental health. Support systems that were already overtaxed are being pushed beyond their limit. Young people have restricted access to community supports. Some are stuck in homes that are unsafe, while others don't have a space to call home. Many are navigating unemployment and the financial fallout of the pandemic. They're working around the clock to make sure young people have the education, resources, and community they need right now in order to look out for their own mental health and that of their peers.

Connected North

http://www.connectednorth.org/athome

In light of school closures resulting from COVID-19, Connected North is launching Connected North@Home to continue to serve students from our partner communities wherever possible. Connected North, Cisco and a variety of Connected North providers are offering dozens of opportunities for students to connect to museums, zoos, artists, storytellers and other amazing organizations to offer unique learning experiences while students are at home.

We hope that you and all your loved ones stay safe and keep well,

Kind Regards, CIBC Wood Gundy

Lisa Applegath
Investment Advisor, Portfolio Manager

Tom Trimble Portfolio Manager

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